

# RIDER MENU

**SATURDAY, JULY 22, 2023**

## **BREAKFAST:**

Breakfast Sandwiches (eggs, bacon and cheddar cheese)

Vegetarian + Gluten Friendly Options

Harvest Fruit Tray

Danish Pastries, muffins (Gluten Friendly Options) and croissants

Coffee + Tea + Juice

## **LUNCH STOP (ON ROUTE ONLY):**

Wraps - Smoked Turkey, Roast Sirloin Beef

Vegetarian + Gluten Friendly Options

Cookies - oatmeal raisin, chocolate chip, white chocolate  
with macadamia nuts and double chocolate

Fruit - Apples, Bananas and Oranges

Water + Electrolyte Drink

## **DINNER PROVIDED BY JANE BOND BBQ:**

Dirty South Chicken OR Pulled Pork

Vegetarian Cheeseburger + Gluten Friendly Option

BBQ Sauces (GF)

Cajun Corn Kernels

Pasta Salad (Vegetarian)

Assorted Desserts

Water + Pop

# RIDER MENU

**SUNDAY, JULY 23, 2023**

## **BREAKFAST:**

Breakfast Burritos with egg, sausage, cheese, salsa verde, peppers, cilantro and lime crema

Vegetarian + Gluten Friendly Options

Harvest Fruit Tray

Danish Pastries, muffins (Gluten Friendly Options) and croissants

Oatmeal Station

Coffee + Tea + Juice

## **LUNCH STOP (ON ROUTE ONLY):**

Wraps - Smoked Turkey, Roast Sirloin Beef

Vegetarian + Gluten Free Option

Cookies - oatmeal raisin, chocolate chip, white chocolate  
with macadamia nuts and double chocolate

Fruit - Apples, Bananas and Oranges

Water + Electrolyte Drink

## **DINNER:**

Cheadle Lions Famous Beef on a Bun (Gluten Friendly with no bun)

vegetarian options available

Tossed Green Salad

Pasta Salad (Gluten Friendly Available)

Chips

Assorted Desserts

Water + Pop